



THE RED DEER REBELS

BRAINTRAIN

PLEDGE

A 4-WEEK KIDS PROGRAM TO KEEP OUR
MINDS AND BODIES HEALTHY

SUBMIT BY MAY 31 AND WIN PRIZES!

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WEEK 1 of 4

- All submissions that meet each day's point total will receive one (1) youth ticket voucher for the 2020/21 Rebels season, 1 entry per child.
- 6 random entries will win a family ticket pack including 2 adult + 2 youth tickets, along with a meet and greet with Woolly Bully
- 10 random entries will win a signed team stick
- 10 random entries will win a signed team puck
- Every entry that meet's each day's point total will receive an emailed certificate of completion
- No purchase required for entry or eligibility

PLEASE ADHERE TO ALL SOCIAL DISTANCING/ISOLATION REQUIREMENTS AS MANDATED BY ALBERTA HEALTH SERVICES

MONDAY

ACTIVITY	POINTS	TOTAL POINTS
READ - 25 min	5pts	
PHYSICAL ACTIVITY - 45 min	6pts	
LEARNING/SCHOOL WORK - as applicable	7pts	
FUN ACTIVITY - 45 min	6pts	
total points needed:	15	

TUESDAY

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 PARENT/GUARDIAN SIGNATURE

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